



# Jasper's Gems

## In The Spotlight: Cloak Clasps



**Fox Cloak Clasp**  
**\$12.50 per set**

This year, we've had several requests at events for cloak clasps. Good news! We now have a source for some high quality, lead-free pewter cloak clasps and will be carrying them next year. I recently received my first small shipment and I'm delighted with them! I know you will be too.

They have a nice selection of Viking, Celtic and Renaissance styles available. The retail prices will range from \$12 - \$30, depending on size and design.

The **Fox Cloak Clasp**, see left, has two playful foxes pulling on a ring as they hold your cloak closed. This is a great clasp for a light to medium weight cloak. The set measures 2" by 1 1/4" and has three sewing loops on each side.

The Renaissance style **Manuscript Cloak Clasp**, see right, has interlacing pewter ribbons flowing through it with each side matching perfectly. It has a double hook and eye closure on the back and four points to attach to each side of your cloak. This one would be great on a medium to heavy weight cloak. The total size of the clasp is 3 1/2" by 1 3/4".

The **Celtic Triangle Knot Cloak Clasp**, see page 2 of this newsletter, has two triangular Celtic knots forming it. It's a beautiful clasp. Four eyelets on each side and a double hook & eye closure make this one very sturdy. The measurements of this clasp are 2 3/4" by 1 1/2" and it would work well for a medium to heavy weight cloak.



**Manuscript Cloak Clasp**  
**\$19.50 per set**



**Celtic Triangle Knot Cloak Clasp**  
**\$14.50 per set**

The last example that I have in stock to show you is the **Escallop Cloak Clasp**, see below. The Escallop is the symbol of a traveler, pilgrim or a victorious naval commander. There are three points of attachment on each side and the clasp links together with a sturdy hook and eye. It measures 3" by 1½" and would be good for a light to medium weight cloak.

We will be carrying these, plus several other designs, next year. The website will be updated soon with photos and pricing of all available models. Some of the sets can be special ordered with an antiqued brass overlay. They will be a bit more expensive than the plain pewter clasps and will take 4 weeks for delivery, shipping charges will be extra.

### **Sugar and Spice Bath Mix**

#### **Ingredients:**

- 1 cup baking soda
- 2 Tablespoons sugar
- 1 teaspoon ground cinnamon
- 1 teaspoon ground ginger
- 1 teaspoon ground cloves

Mix together all the ingredients until well blended. Store the mixture in a clean, dry container.

To use: Add 2 Tablespoons of the bath mix to a warm tub. Sit back and enjoy.



**Escallop Cloak Clasp**  
**\$14.50 per set**

## **More New Products for 2010: Dowsing & Divination**

**Jasper Moon** will be expanding the line of dowsing & divination products that we carry in 2010.


Along with Susan Collin's ([www.dowser.ca](http://www.dowser.ca)) book 'Dowsing that Works: Use a protocol to get results', we will have a large selection of hand-made pendulums and bobbbers to choose from. The books are \$10 each. The bobbbers and pendulums will vary in price from \$10 to \$20 depending on the construction materials.





Another addition to our product line will be Prophet's Pebbles. They are an ancient form of divination; a unique and simple way to divine. Each package will contain 4 gemstones, a small velvet bag and complete instructions on how to charge, use and store them. Unlike runes, there are no markings on the stones except for those placed there by nature. The price of \$10 per kit makes them very affordable for everyone.

## Nine Herbs to Grow on Your Window Sill

Did you know sage can combat carpal tunnel syndrome and oregano is a powerful antioxidant? Many common herbs do more than add flavor to your meals: they go into overtime to work on asthma, arthritis, insomnia and other common ailments.

Here's a quick list of nine herbs that are easy to grow, followed by advice on how they can be used.

	<p><b>Mint</b> Aromatic spearmint and peppermint do more than add a little zest to your cup of tea: they are also a traditional treatment for gallstones. The oils of these effective antioxidants ease muscle tightness, and chewing on mint sprigs can relieve an upset stomach.</p>
	<p><b>Rosemary</b> Distinguished by its narrow, spiky leaves and piney scent, rosemary varies in color from shiny dark green to pale gray-green all over. Known as the herb of remembrance, rosemary contains several antioxidants that help prevent aging in cells and may work against Alzheimer's disease.</p>
	<p><b>Lemon Balm</b> Also known as Melissa, itrelieves chronic fatigue syndrome and can be helpful in treating migraines. A tea made with lemon balm can also work as a sedative and a stomach soother. Its bright green heart-shaped leaves give off a lovely lemony scent.</p>
	<p><b>Thyme</b> The pungent scent comes from the oil in the small oval leaves. Apply a compress of thyme leaves to the aching muscles in your neck, shoulders, and back if you're prone to tension headaches. A cup of thyme tea taken up to four times a day may be effective against bronchitis and whooping cough.</p>
	<p><b>Sage</b> Available in numerous varieties, sage is a strongly aromatic, bushy plant with spiky purple flowers. Loaded with anti-inflammatory compounds, sage is effective against carpal tunnel syndrome. Steep two teaspoons of dried sage in a cup of boiling water and gargle with it, after it has cooled, to treat mouth and throat inflammations.</p>

	<p><b>Oregano</b> The robust taste of oregano comes from its soft, oval leaves that grow in pairs along the stem. Its power punch of antioxidants can help maintain the immune function of those who are HIV-positive. Good for arthritis, asthma, and emphysema, oregano also contains seven compounds that lower blood pressure.</p>
	<p><b>Parsley</b> A rich source of the bone-strengthener flourine, parsley works to prevent osteoporosis. Apply crushed parsley leaves to reduce the black and blue colors of a bruise. Parsley comes in two varieties: curly parsley and the taller, flat-leaf Italian parsley. Eat a sprig for a quick breath freshener and to aid in digestion.</p>
	<p><b>Lavender</b> Fragrant flowers characterize the spiky leaves and colorful blooms of lavender. Aromatherapists routinely use oil of lavender for pain; mix a few drops of lavender oil with a tablespoon of vegetable oil and massage the painful area. Sprinkle a few drops on your bed sheets to help you sleep, or relax in a warm bath scented with lavender oil.</p>
	<p><b>Catnip</b> The downy, gray-green leaves of catnip are a favorite of cats, so keep this herb off your windowsill if you don't want your cats playing in your plants. A member of the mint family, catnip has a mild tranquilizing effect on most people. Try a cup of catnip tea about 45 minutes before bedtime to induce sleep.</p>

Note: All these herbs can grow from one to three feet tall, so keep them trimmed. Herbs are safe in moderate doses, but like any medicine, some can be harmful when taken in frequent, large doses. Herbal oils are intended for external use only. Keep such oils away from small children who might be tempted to taste them.

<p><b>Next Month:</b></p>	<p><b>Jasper Moon</b></p>
<ul style="list-style-type: none"> <li>• Intentional Meditation with Candles</li> <li>• Candle Tips From the Old Farmers' Almanac</li> <li>• In the Spotlight: One-of-a-kind Pendants</li> </ul>	<p><a href="mailto:bonnie@jasper-moon.ca">bonnie@jasper-moon.ca</a> <a href="http://www.jasper-moon.ca">www.jasper-moon.ca</a></p>